Put Your Eyes at Ease with VSP LightCare



Even if you don't wear prescription glasses, an annual eye exam is an easy and cost-effective way to take care of your eyes and overall health.

With VSP LightCare™, you can use your frame and lens benefit to get non-prescription eyewear from your VSP® network doctor.

Support your eyes indoors and out.

Wear blue light filtering glasses indoors for a more comfortable viewing experience during extended screen use.

Always wear sunglasses outdoors. Shield your eyes from the sun's ultraviolet rays that can damage your corneas and cause eye-related diseases like cataracts. 100% UVA and UVB protection is the best choice for your sunglasses.[1]

Provider choices you want.

With thousands of locations—including private practice doctors, Visionworks®, and Eyemart Express retail locations nationwide, getting the most out of your benefits is easy at a VSP Premier Edge™ location.

vsp PREMIER edge

Get more at preferred in-network doctor locations

private practice doctors · Visionworks · EYEMART EXPRESS FAMILY OF STORES

Prefer to shop online? You can use your benefits at **Eyeconic®**, the VSP in-network online eyewear store. Choose from a wide selection of ready-made sunglasses and blue light filtering glasses for everyone.

vsp vision care

Your VSP Premier Plan LightCare Coverage Includes:*

Eye Exam

A fully-covered WellVision Exam®.[2]

Eyewear

Use your frame and lens allowance toward ready-made:

- non-prescription sunglasses *or*
- non-prescription blue light filtering glasses

*Create an account and log in to **vsp.com** to review your benefit information. Based on applicable laws; benefits may vary by location. Coverage with a retail chain may be different or not apply.

Questions? **Visit vsp.com | 800.877.7195** (TTY: 711)

1. Tips for Choosing the Best Sunglasses, American Academy of Ophthalmology, June 2021. **2.** Less any applicable copay.

Blue light filtering lenses are not clinically proven to prevent or reduce digital eye strain. Use of these lenses should be based on personal preference, not medical necessity. This product is not intended to diagnose, treat, cure, or prevent any disease. Blue light filtering is a personal preference lens feature.

Availability of VSP Premier Edge may vary. Visionworks, Eyeconic, and Eyemart Express family of stores are VSP-affiliated companies.

To learn about your privacy rights and how your protected health information may be used, see the VSP Notice of Privacy Practices on **vsp.com**.

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Classification: Restricted